

Pine Tree Society Monthly Calendar of Activities – May 2025 (calendar subject to change without notice)

Monday

Tuesday

Wednesday

Thursday

Friday

28 Staff Training Day CLOSED	29 Gym: 9:30-10:30 Group choice Eat out: \$15-20.00	30 Nature Walk Group choice	01 Volunteer: Meals on Wheels Special Olympics Team - Bowling Group choice	02 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
05 Volunteer: Wildlife Park Swim, YWCA Dungeon & Dragons with CJ 9:15 a.m. Group choice	06 Volunteer: Nurturing Roots Homestead Gym: 9:30-10:30 Group choice Eat out: \$15-20.00	07 Maine Classic Car Museum Arundel Leave by 9 a.m. Opens at 10 a.m. Group choice	08 Volunteer: Meals on Wheels Group choice Unified Fitness 10-12 Redbank	09 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
12 Volunteer: Wildlife Park Volunteer: Mr. Drew 10-11:30 Swim, YWCA Group choice Special Olympics Area Games-EL	13 Volunteer: Nurturing Roots Homestead Gym: 9:30-10:30 Group choice Eat out: \$15-20.00	14 Movie at Flagship Cinema "Goonies" Leave at 9:15 a.m. starts 10:00 a.m.	15 Volunteer: Meals on Wheels Paint Kindness Rocks 9:30 a.m. (all are welcome) Group choice	16 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
19 Volunteer: Wildlife Park Volunteer: GAHS 10-11:30 Swim, YWCA Group choice	20 Gym: 9:30-10:30 Group choice Eat out: \$15-20.00	21 Dungeon & Dragons with CJ 9:15 a.m. Bird Watching Group choice	22 Seadogs Game 11:00 a.m. Group choice	23 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00
26 MEMORIAL DAY  CLOSED	27 Gym: 9:30-10:30 Fishing Group choice Eat out: \$15-20.00	28 Client Input Meeting 8:30-9:00 Visit Mr. Drew & His Animals 10:00 a.m. Group choice	29 Volunteer: Meals on Wheels Group choice	30 Bowling 10:00 a.m. Group choice Eat out: \$15-20.00

Pine Tree Society

Scarborough

May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY4
			1 Morning Stretching A: Meals on Wheels B: Red Bank Gym C: Cabela's & walk	2 Morning Stretching A: Bowling WestPort B: Laurel Hill Walk C: Biddeford shops *Bowling League
5 Morning Stretching A: SP Food Cupboard B: Reny's & walk C: Back Bay Walk	6 Morning Stretching A: Meals on Wheels B: Group Choice C: Book Stores & walk D: Driving Range *Client Input Meeting	7 Morning Stretching A: Swimming B: Farmers Market C: East End Beach trail walk D: Target & walk	8 Morning Stretching A: Meals on Wheels B: Walmart & walk C: Red Bank Gym *Picnic & ice cream at Polar Pug ice cream	9 Morning Stretching A: Bowling Sparetime B: Ronald McDonald House & walk C: Old Port Walk *Bowling league party
12 Morning Stretching A: SP Food Cupboard B: Swimming C: Ft. Williams	13 Morning Stretching A: Meals on Wheels B: Mini Golf C: Miane Wildlife Park (8) D: Walmart & walk	14 Morning Stretching A: Group Choice B: Horse Farm C: Bull Moose & walk D: Falmouth Shops	15 Morning Stretching A: Meals on Wheels B: Red Bank Gym C: Pine Land Farms visit	16 Morning Stretching A: Bowling WestPort B: Special Olympic Track & Field *Summer Bowling League

Pine Tree Society

May 2025

19 Morning Stretching A: SP Food Cupboard B: Eastern Trail Walk C: Target & Walk	20 Morning Stretching A: Meals On Wheels B: Bus to mall & Walk C: Visit Garden Centers D: Basketball / Yard Games	21 Morning Stretching A: Farmers Market B: Swimming C: OOB walk D: Marden's & walk	22 Morning Stretching Portland Sea Dogs Game 11AM	23 Morning Stretching A: Bowling Sparetime B: Ronald McDonald House C: Group Choice *Summer Bowling League
26 Morning Stretching Pine Tree Society Holiday Program Closed	27 Morning Stretching A: Meals on Wheels B: Group Choice C: Mackworth Island Walk D: Beach Walk	28 Morning Stretching A: Maine Military Museum 11am B: Ft. Williams C: Library & walk D: Swimming	29 Morning Stretching A: Meals on Wheels B: Red Bank Gym C: Train to OOB	30 Morning Stretching A: Bowling WestPort B: Silver line trolley C: Walmart & walk *Summer Bowling League

- ❖ On any day the above schedule may change due to weather or safety concerns
- ❖ Please bring **warm clothing & steady walking shoes, temps by the ocean can be cooler than other areas**
- ❖ **Red Bank Gym:** Individuals must have a pair of sneakers with them.
- ❖ **PLEASE BRING COLD LUNCHES: WE WILL BE STARTING TO EAT OUT IN THE COMMUNITY WITH THE NICER WEATHER**
- ❖ **Special Olympics track & field time trials are on Friday May 16, 25 at Bonny Eagle High School. We will be starting to get ready for this event. It is important that individuals bring in sneakers so they can start walking / or running, depending on what they chose to participate in.**
- ❖ May 8, 2025, we will be going to Polar Pug Ice Cream in Waterboro. Pine Tree will cover the cost of ice cream. Individuals are to bring in a picnic lunch that day. Please nothing that requires to be heated.